

# Q & A *Fashion & Beauty*

Our experts answer your all-important fashion and beauty dilemmas...

## *Our Expert Panel*



**Sarah Brock** is one of the South West's leading makeup artists and has worked on many celebrity photo shoots. She is currently artistic director of makeup for Daniel Sandler and was also head makeup artist for the editorial team at the 2007 Elle Style Awards.



**Luci Foreman** specialises in bridal hair and make-up in the Bristol and Somerset area. She has worked for a number of top industry magazines and events, including Vogue, Tatler, Vanity Fair, Elle, Cannes Film Festival and London Fashion Week and currently runs her own salon in Taunton.

## **ACT Natural**

**Q** I don't usually wear makeup, so how can I achieve a natural look for my wedding day?

**A Sarah Brock says:** Keep it simple. After applying a makeup primer, apply an ultra-sheer crème foundation (try Daniel Sandler Mineral Tint, £20) with a base brush for even coverage. Follow with a light-reflecting concealer where needed and a very light dusting of loose powder. Keep cheeks fresh and dewy with a blush in a rose/apricot colour. Daniel Sandler Watercolour (£10) is available in 12 shades and is silicone based so it lasts a long time. Keep eyes soft with neutral shades of beige, taupe and apricot, and define eyes with black waterproof mascara. Add a hint of gloss on the lips and you're good to go!



## **Matt Finish**

**Q** I want to use face powder to help my wedding makeup last all day. In the past, applying powder has made my skin look older – how do I apply it to avoid this happening?

**A Sarah Brock says:** Non-shimmery powders are best. Try Daniel Sandler On The Loose (£14.50), which is available in 21 shades. Dip a large brush into powder and shake gently before sweeping over your face in downward strokes. Use the lightest touch when applying powder, especially round the eye. There's nothing more ageing than a flouring face!

## **Feeling Fine**

**Q** I have really fine wispy hair that is prone to static and never seems to hold a style – how can I give it more body to create a really glamorous look?

**A Luci Foreman says:** Tigi Catwalk Root Boost (£9.90) will beef up limp hair and after a couple of weeks, should leave it feeling thicker, with more oomph. Alternatively, take a tip from the red carpet and invest in a hairpiece – whether you wear your style up or down, it can create a fuller, thicker look and blend seamlessly with your natural locks. One final tip – wash your hair the night before your wedding, as freshly-shampooed locks are more likely to be fine and flyaway, which can make it difficult to hold a style.

## **Making Plans**

**Q** I'm getting married in six months time and have no idea how to wear my hair on the day. Where do you think I should start?

**A Luci Foreman says:** Visit your hairdresser three months before the wedding date so that you can start to plan your look for the day. Start collecting pictures of styles that you like and dislike, and show these to your stylist so that you can discuss ideas. You should also ask your hairdresser to show you their portfolio of previous brides that he or she has worked with. This will help you to get an idea of your hairdresser's own style, and together, you can work out the best look for your big day.