

Q&A Beauty

Our experts answer your all-important beauty dilemmas

Our panel of experts



Sarah Brock, Director of Makeup Artistry for Daniel Sandler and an award-winning make-up artist who won the National Wedding Industry Awards beauty category. Contact: 07976 064 143 www.sarahbmakeup.co.uk



Luci Foreman specialises in bridal hair and make-up in the Bristol and Somerset area. She has worked for a number of top industry magazines and events, including Vogue Tatler, Vanity Fair, Elle, Cannes Film Festival and London Fashion Week and currently runs her own salon in Taunton. Contact: 01823 322 234 www.luciforeman.com

My guy

Q My fiancé always has a £5 haircut at the local barbers, but I would like him to have a decent haircut for the wedding day, what do you suggest?

A *Luci Foreman says:* Men's hair should be simple and unfussy, particularly on their wedding day and if he wants to find a new salon he feels comfortable going to, he needs to start looking six months before the big day, as it will take a bit of time and a few appointments until him and his new hairdresser are both on the same wavelength. Ideally, he should be getting his hair cut roughly once a month before the wedding and book the final cut one day before the big day, so the style looks as natural as possible.



Apply yourself

Q I have never applied a self tanner before, but would like to for my wedding day. Can you give me some tips please?

A *Sarah Brock says:* First you need to exfoliate - this will ensure all the dead skin cells are buffed away. Shave or wax your legs 24 hours before tanning, as this will give you a smoother canvas to work with. Then moisturise - apply it to the face and to dry areas such as the elbows, knees, hands and feet to prevent the self-tan patching. Next, apply the self-tan evenly and blend thoroughly and when you feel you have blended enough, blend again for a gorgeous summer glow.



Early bird

Q I am getting married in six months time and would like to start a good skincare regime - I am in my thirties and have fine lines around my eyes, what products can you recommend?

A *Sarah Brock says:* It is never too late to start a good skincare regime - Dermalogica have an amazing range of skincare products (0800 591 818, www.dermalogica.co.uk). I love the Total Eye Care SPF 15, not only does it reduce puffiness and fine lines, it also has optical light diffusers to minimize dark circles. Always apply eye products gently as the skin around the eye area is very fragile.



Brighter the better

Q I am getting married in a red dress and would love to wear a red-coloured lipstick on my wedding day, but am worried that it may look a little too much. Can you give me some advice?

A *Sarah Brock says:* The modern way to wear red lipstick is to not apply the product with a lip brush. Simply take the lipstick and with your finger, pat the product into your lips, so you almost create a 'stain' effect to the lips. You can then go around the lips gently with a lip liner, again you do not want a heavy line, keep it light and natural. Try the Daniel Sandler Luxury Lipstick in Ravishing, £12.50, (01923 845 370 www.danielsandler.com) for a red that isn't overly bright.



Got a question? Write to us at 'Beauty Q&A', Your Bristol & Somerset Wedding, Pavilion House, Newland, Down, Wilton, Frome, Somerset, BA11 1JL. Alternatively email your question to editor@countytoweddingmagazines.com



The eyes have it!

For special occasions when you really want your eyes to have the 'wow' factor try Daniel Sandler's Special Effects Shadows, Eye Love It. The waterproof cream-to-powder formula is quick and easy to apply, with a striking stay-put eye colour that lasts all day! This essential make-up bag item is priced at £9.50. For further information visit the website www.danielsandler.com or call 01923 845 371.



SKINCARE SECRETS

Say goodbye to spot outbreaks and sallow skin with a good skincare regime from Witch skincare products. Suitable for all skin types and ideal for combination/oily skin, Witch's products will leave you with healthy skin for your big day. Witch Skincare has highlighted three products that will become invaluable for any bride-to-be: the Witch Stick is the ultimate in blemish control; the Witch Concealer not only covers blemishes with a silky, matt finish but is medicated to fight bacteria; Witch's Natural Sunshine tanning moisturiser will soften your skin while building up a gradual sun-kissed look. The Witch stick is available for £3.09, the concealer is priced at £4.99 and the Sunshine moisturiser is priced at £3.99. The range is available from all leading supermarkets, Boots and Superdrug stores nationwide.

beauty news

Beauty and pampering essentials for the bride-to-be



All day glamour

Clinique's new long-last bronzing summer range will ensure your make-up stays put all day long, which is essential if you want your bridal look to last from morning to night. With new shimmering powders for the face, and striking mascaras for the eyes, you are sure to be spoilt for choice when choosing your wedding make-up. The range starts from £12. For stockist details call 0870 034 2566 or take a look at the website at www.clinique.co.uk.

HAIR FLAIR

With Monofibre hair extensions you can achieve that dream wedding hair look. Monofibre has no chemicals, acetones or glues! The extensions are attached to the root of the hair with heat, sealing them in place. An exact colour match can be made, as the stylist will blend different colours of Monofibre, tailor-making it to suit you. It can also be used purely for highlights and lowlights; the choice is yours. Monofibre will not fade through sunlight, swimming or heat, therefore making them perfect for your honeymoon too. Monofibre hair extensions last for three to four months and prices start from £195. Call 0800 298 7780 to find a salon in your area.

